

Kristen Fraser Private Practice Therapist
Medicare Approved Psychological Strategies and Counselling



- PRIVATE CLIENTS
- MENTAL HEALTH CARE PLANS
- EMPLOYEE ASSISTANCE PROGRAMS
- CANTEEN AUSTRALIA



- Stress
- Depression

- Anxiety disorders
- Burnout

- Trauma
- Grief and Loss

Bachelor of Social Work, The University of Sydney, 2003
Accredited Mental Health Social Worker, AASW

Medicare Provider Number 6680705W

Therapeutic Approaches:

- CBT
- ACT
- EMDR
- Psychoeducation
- Narrative Therapy
- Motivational Interviewing



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