

# Employee Assistance Programs

## *Your Local EAP*

Kristen is an experienced Private Practice and EAP Clinician offering **face to face** or **telehealth** EAP appointments for employees to improve wellbeing.



## *Pay For What You Need*

Pay for a block of 3 agreed EAP appointments.

Employees are supported with an initial assessment, practical, solution focused strategies, and longer term referrals if required.



*“Let my business support your business with local, timely and experienced EAP”*

*Kristen Fraser*

## *When You Need It*

Kristen keeps emergency appointments to ensure employees can be seen as soon as possible.

**Supporting your employees has never been easier.**